

IHFD eNews

Irish Hip Fracture Database News



Better, safer care

Welcome to the third edition of the **IHFD eNews** a quarterly publication bringing you updates from the trauma units around the country. In this edition we bring you feedback from the recent 2nd National IHFD meeting in the Royal College of Surgeons in Ireland, 28th February.

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2nd National Irish Hip Fracture Database Meeting

Albert Lecture Theatre

Royal College of Surgeons in Ireland 28th February 2014



From top left: Dr. Emer Ahern , Clinical Geriatric lead IHFD, Dr. Philip Crowley, Quality and Patient Safety Directorate, Fiona Cahill, NOCA Manager, Professor David Marsh, President of the Fragility Fracture Network, Philip Dunne, Healthcare Pricing Office, Mr. Derek Bennett, Consultant Orthopaedic Surgeon, Mr Conor Hurson, Clinical Orthopaedic Lead IHFD, Dr. Jude Ryan, Geriatrician, Dr. Malachi McKenna, Consultant Endocrinologist, Dr. Tara Coughlan, Geriatrician, Louise Brent, Clinical Nursing Lead IHFD, Mr Paddy Kenny, President of the Irish Institute of Trauma and Orthopaedic Surgery.

2nd Annual Irish Hip Fracture Database Meeting

Albert Lecture Theatre

Royal College of Surgeons in Ireland

This meeting took place on Friday, the 28th of February. It was very well attended with over 80 delegates. The delegates represented a wide variety of disciplines including orthopaedics, geriatrics, anaesthetics, emergency medicine, endocrinology, nursing, physiotherapy, occupational therapy as well as many others. The unique multiprofessional attendance of the day made it a stimulating and productive event.

The diversity of the speakers was equally broad. The conference was opened by Dr. Philip Crowley from the Quality and Patient Safety Directorate and really set the stage for the day, describing the importance and relevance of the IHFD in contributing to and the potential for improving patient care and safety. Fiona Cahill gave an overview of the role of the National Office of Clinical Audit and the support it will provide the IHFD.

We were very fortunate to have Professor David Marsh from the UK at the meeting to give the keynote presentation of the conference. He is internationally recognised for his work and passion to improve the management and prevention of the global fragility fracture problem. He is the President of the Fragility Fracture Network and has been very generous in his support and guidance of the IHFD. His presentation was extremely well received and gave everyone much to think about, this will certainly influence how we will be progressing the IHFD going forward.



Mr. Derek Bennett opened the next session with a very lively and interactive presentation on the complexities of fixing fragility fractures from an orthopaedic surgeon's perspective and the unintentional trauma inflicted on this vulnerable group of patients as a consequence of surgery. It was a very honest and eye opening reality check for us all. He was followed by Mr. Conor Hurson who is also the Clinical Orthopaedic Lead for the IHFD and he presented the first national data from the IHFD. After all of the hard work that has gone into the development of the IHFD this was a truly a welcome presentation. He formally launched the first report from the IHFD and it was very well received; most notably for the huge amount of potential the IHFD offers both at local and national level.

The first report included data from eight hospitals, 843 cases discharged between 1st April 2012 to 31st March 2013. Already next year's report will include almost double the number of hospitals and three times the number of cases. During the next twelve months a lot of energy will be put into validating the data, working with the data collectors and refining the dataset to ensure it answers the very important clinical questions we need it to.

Following the presentation of the report, several of the data collectors each took a few minutes to discuss their local data, successes and challenges in each institution. This provided a great platform for discussion and provided each data collector within the recognition of all their hard work, the value

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of the data they collect and enabled them to openly discuss issues and meet other data collectors. From this we established the need for a workshop specifically to target the data collection process, interpretation of data fields and developing a support network for the data collectors.

In the final session of the day, Dr. Jude Ryan gave a very holistic overview of caring for this complex group of patients from a geriatricians perspective. This group of patients can only achieve maximal outcomes with the combined care of orthopaedics and geriatrics. The value of this collaboration was very visible after the presentation. Dr. Malachi McKenna, Consultant Endocrinologist followed that presentation with a very interesting and practical overview of osteoporosis. This is at the core of the IHFD and the needs of hip fracture patients. We must treat the fracture, the medical issues but also the health of the patients bones. Dr. McKenna helped to dispell some of the mysteries about the treatments available for osteoporosis and clarified the appropriate treatments for such fragility fractures. Louise Brent Clinical Nursing Lead for the IHFD, presented the work done to date developing a national integrated care pathway for hip fractures. The day finally came to a close when Mr. Paddy Kenny, President of the Irish Institute of Trauma and Orthopaedic Surgery, summed up the days events in the closing address.

All of the presentations and a copy of the preliminary IHFD report are available at: www.noca.ie

Acknowledgements

Thank you to the team at NOCA and to Amanda Wilkinson for their assistance on the day.

Thanks to all of the speakers, chairs and the data collectors who presented and who made the day such a success.

The IHFD would like to say a huge thank you to Amgen, our sponsors for the day, and for all of the help in the weeks leading up to the event. In particular, Joe, Odran, Rodger and Carol Ann for attending on the day also.



Feedback from 2nd IHFD Meeting - 28th February 2014

“Looking forward to the data collectors workshops”

Breda Conlon, IHFD Data Collector, Midland Regional Hospital, Tullamore

“Keep up the good work, great speakers and good range of topics”

Josie Clare, Geriatrician, CUH

“It would be great to eventually include data from rehab facilities”

Claire Fagan & Grainne O’Hara (Physiotherapists)

“Delighted to be part of the IHFD”

Esther O’Mahony, IHFD Data Collector, Kerry General Hospital

“Very informative & relevant to hip fractures– learnt so much today. Good to hear of care pathway introduction” **Eilish Sweeney**

“Diverse– well planned and appropriate to practicalities of the data collectors, recommendations of ICP was very interesting, would be hugely beneficial and helpful to standardise data collection” **Cathal Egan**, IHFD Data Collector, Physiotherapist, St. James’s

“Great to see the multidisciplinary membership & attendance”

Debbie Mc Daniel, IHFD Data Collector, Our Lady of Lourdes Hospital, Drogheda

“Excellent– relevant– encouraging” **Judith Caldwell**, Physiotherapy

“Excellent, very informative on all levels, found the individual site feedback very interesting” **Jacinta Shields**, IHFD Data Collector Connolly Hospital

Fantastic leaders, advocates and committed clinicians, excellent MDT presentation & discussions” **Edel Callanan**, Physiotherapist, Galway



RECENT CONFERENCES

Galway Orthopaedic Nursing Conference

27th February 2014

Clayton Hotel, Galway

The annual orthopaedic nursing conference took place at the end of February. There were over one hundred delegates at the conference, representing a wide variety of nurses working in elective and trauma orthopaedics from around the country. As usual the agenda was jam-packed with a wide variety of orthopaedic topics. The opening address was given by Ms. Jean Kelly, Director of Nursing, Galway University Hospital. Mr. John Carey, Consultant Rheumatologist from GUH gave the keynote presentation entitled: Promoting Bone Health. A long time advocate of osteoporosis prevention and management, Dr. Carey gave a great presentation and focused on all of the work being done in Galway, in Ireland especially through organisations such as the Irish Osteoporosis Society and also across Europe. It gave us a truly global perspective on the approach to promoting bone health.

The next presentation by Christine Sheehan, Clinical Facilitator Critical Care in GUH focused on the nurses role in the management of sepsis in orthopaedic patients. Following that was a very interesting presentation by Dr. Jeannie Donnelly from Queens University Belfast on "Prevention and Treatment of Black Heels: An Orthopaedic perspective. Then to continue the diversity of the day there was a great talk from Karene Baird, CNS, Crosshouse & Ayr Hospitals, Scotland "A four year review of an enhanced recovery project for joint arthroplasty". Daragh Rodger, Advanced Nurse Practitioner, St. Mary's Hospital then convinced us all that there was a lot we could do to further prevent and manage falls irrespective of where we work. Then I was delighted to have the opportunity to present the work of the Irish Hip Fracture Database to all of my nursing colleagues. In the afternoon there were four clinical skills sessions including: pin-site care, prevention of heel ulcers, joint assessment of the knee and spinal orthosis application. After we were put through our paces at the clinical skills sessions it was Lynsey Brown, Trauma Nurse Co-ordinator, Cambridge University Hospitals turn to present "Early warnings and rapid action for acute compartment syndrome "and finally Mr. Bill Curtin, Orthopaedic Surgeon, GUH closed the day with a presentation about total hip revision surgery what you need to know. All in all a very interactive and informative conference, thoroughly enjoyed by all.

Louise Brent, Lead Nurse for the Trauma and Orthopaedic Programme

WCO-IOF-ESCEO

World Congress on Osteoporosis, Osteoarthritis and Musculoskeletal Diseases.

Seville, April 2nd—5th 2014

Recently a group of delegates from Ireland had the opportunity to attend this conference. The group included representatives from nursing, orthopaedic, rheumatology, geriatrics, general practice as well as osteoporosis experts. Over three days, the conference was held in Fibes– Seville Conference Center.

There was a great variety of sessions to attend over the course of the conference, including "Efficacy and safety of anti-osteoporosis medications in the elderly", The life course epidemiology of musculoskeletal ageing", Osteoporosis therapy, beyond fracture prevention", Efficacy and utility of glucosamine sulphate and hyaluronic acid in the management of osteoarthritis", Hypophosphatasia: evolving our understanding of this serious and complex disease", "Algorithm for the management of osteoarthritis in Europe", Nutrition for musculoskeletal health in postmenopausal women", Challenges with the development of bone forming agents in Europe", Definition, pathophysiology and management of sarcopenia", Management of severe osteoporosis: a call for action, "Diabetes, obesity, metabolic syndrome and bone". Just to name a few!

Despite the enormous size of the conference and the variety, there were lots of opportunities to attend small sessions with the international experts on a range of topics and generate discussions around all of the major topics.

Louise Brent, Lead Nurse for the Trauma and Orthopaedic Programme



Dates For Your Diary

First Irish Hip Fracture Database Workshop

9th June, VC Room, Royal College of Surgeons in Ireland

123 St. Stephens Green, Dublin

10:30-15:30pm

We would like to invite all of the data collectors & clinical leads to attend the first workshop.

Master class on the IHFD dataset, reports and much more.

Presentation by Philip Dunne, Healthcare Pricing Office, HSE.

Contact: ihfd@noca.ie



3rd FFN Global Congress 2014



FFN invites you to join the 3rd FFN Global Congress 2014 in Madrid, Spain from 4-6 September 2014. FFN was established in 2011 under the aegis of the Bone and Joint Decade. Its annual meeting is an international congress addressing the full pathway of care for fragility fracture patients. Its themes include perioperative care, surgical treatment, rehabilitation, secondary prevention, research and policy change.

The FFN Global Congress consists of invited international experts, plenary discussions, update sessions and free papers. The congress provides a unique platform to learn about new technical developments, state-of-the-art procedures and interaction with leading Orthopaedic Surgeons, Non-surgical MD's, Nurses and Nurse Practitioners, Scientists, and Allied Health Professionals.

We are looking forward to welcoming you in Madrid in September 2014!



Professor David Marsh
President of the Fragility Fracture



Professor Antonio Herrera
Congress Chair



Congratulations!!!



Wishing Dr. Emer Ahern all the best following the recent arrival of her twin sons Finbar and David from all involved in the Irish Hip Fracture Database

Useful Links



IITOS
THE IRISH
INSTITUTE OF
TRAUMA AND
ORTHOPAEDIC
SURGERY



Irish
Gerontological
Society

NOCA National Office of
Clinical Audit

HE Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive



British Orthopaedic Association

www.boa.ac.uk/

Capture the Fracture

www.capturethefracture.org

National Hip Fracture Database

www.nhfd.co.uk

National Institute for Healthcare and Excellence

www.nice.org.uk/cg124

Scottish Intercollegiate Guidelines Network

www.sign.ac.uk/guidelines/fulltext/111/

Swedish Hip Fracture Registry

www.riskhoft.se

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