



***Foundation Education Resource
For Health and Social Care Workers***

Core Learning Session Seven Delivering Information Session

Aim:



**To provide staff with guidance on delivering an
information session**

Sample of Event Planning Template

| | |
|-------------------------------|---|
| Date of Session: | 28 th August 2014 |
| Time of Session: | 2pm - 2.15pm |
| Location: | Dining Room |
| Who is to Attend: | Name Name Name |
| Main Message to be delivered: | Risk Factors for falls and Consequences |
| Outline of Session: | Risk factors for falls Consequences of falls Questions & Answers |

Planning A Learning Session

- The falls prevention foundation programme is evidence informed, multidisciplinary and organised to meet the needs of a broad range of health and social care workers.
- The **taught programme (see URL –downloadable in full)** addresses the core competencies required by staff working with older people at risk of falls and fractures .
- The programme can be delivered as a half day classroom taught programme.
- It may be delivered locally in different ways (e.g. ward based or session by session over a period of weeks) to health and social care workers caring for patient affected by falls and bone health issues.

List of Appendices with Sample Tools

- [Appendix 1: I had a fall poster](#)
- [Appendix 2: Level 1 Screen](#)
- [Appendix 3: Level 2: Multi-factorial Falls Risk Assessment](#)
- [Appendix 4: Falls Safety Cross](#)
- [Appendix 5: Quick Tips for Healthy Bones](#)
- [Appendix 6: Tips for Healthy Ageing](#)
- [Appendix 7: Get Up and Go Test](#)
- [Appendix 8: Multi factorial Assessment and Intervention](#)
- [Appendix 9: Sample Policy Acute setting](#)
- [Appendix 10: Intentional Rounding Chart](#)
- [Appendix 11: Safety Alert Form](#)
- [Appendix 12: Pathway for care of older person Post Fall](#)
- [Appendix 13: Post Falls assessment management pathway](#)
- [Appendix 14: Nursing Assessment prior to ringing the G.P](#)