

# **What 2016 HSE Service Plans say about Falls Prevention and Bone Health?**

## **1.0 CORPORATE**

### **1.1 National HSE Service Plan 2016**

<http://www.lenus.ie/hse/handle/10147/584051> (accessed 2nd May 2015)

#### **1.1.1**

Under **Positive Ageing** within Goal 1: *Promote health & wellbeing as part of everything we do so that people will be healthier* it states:

*Develop an integrated approach to reducing falls and promoting bone health* (p12)

#### **1.1.2**

Under **key quality priorities** it states under Effective Care:

*Provide leadership and support to enable the services develop capacity and capability to deliver on key national patient safety programmes in primary care, social care, mental health and acute settings to address internationally recognised causes of harm to people (including HCAI, medication safety, pressure ulcers, **falls prevention** and nutrition and hydration)* (p19)

#### **1.1.3**

Under **Corporate Goals Implementation** –Social Care it states:

##### ***Older People Services***

***Promote the health and wellbeing of older persons facilitating them to stay active and well for as long as possible***

► *Progress the implementation of Healthy Ireland in the Health Services National Implementation Plan 2015–2017 and the Positive Ageing Strategy across the delivery system and wider organisation.*

► *Continue to provide day care services, and other community supports either directly or in partnership with voluntary organisations, so as to ensure that older people are provided with the necessary supports to remain active and participate in their local communities.*

► *Develop an integrated care pathway for **falls prevention and bone health** and introduce in designated sites.* (p75)

## **2.0 Divisional Service Plans**

### **2.1 Social Care Division – Operational Plan 2016**

<http://www.hse.ie/eng/services/publications/serviceplans/serviceplan2016/OpPls16/ScI-CreOpPls16.pdf> (accessed May 17 2016)

#### **2.1.1**

Under **Quality & Patient Safety** within Key Quality Priorities for 2016 and Safe Care it states:

*Support national Quality Improvement programmes in Social Care to address internationally recognised causes of harm to people (including HCAI, medication safety, pressure ulcers, falls prevention and hydration). (p13)*

#### **2.1.2**

Under **Older Persons Services** within Key Priorities and Actions to Deliver on Goals in 2016 Goal 1: ‘Promote health and wellbeing as part of everything we do so that people will be healthier’ it states:

*‘Develop an integrated care pathway for falls prevention and bone health and introduce in designated sites.*

#### **Actions for Falls Prevention and Bone Health Q**

*Complete analysis of evaluation of four early adapter sites and agree on-going individual action plans with each of the four early adapter sites (CHO 3, 5, 6 & 9) Q1*

*Chief Officers to progress the further development of integrated care pathways for falls in the early adapter sites as a result of the 2015 evaluation Q1*

*Identify additional adapter sites in CHOs 1,2,4,7 & 8 Q2*

*Progress to support and monitor the CHO projects through the assistance of a national project team. Q1-Q4’ (p69)*

## **2.2 Acute Hospital Division – Operational Plan 2016**

<http://www.hse.ie/eng/services/publications/serviceplans/serviceplan2016/OpPls16/ActHosOpsPls16.pdf> (accessed May 17 2016)

### **2.2.1**

Under Effective Care within Strategic Priorities for 2016 it states:

*‘Provide leadership and support to enable the services develop capacity and capability to deliver on key national patient safety programmes in primary care, social care and acute settings to address internationally recognised causes of harm to people (including HCAI, medication safety, pressure ulcers, **falls prevention** and nutrition and hydration)’ p9*

### **2.2.2**

Under Goal 2: Provide fair, equitable and timely access to quality, safe health services that people need within Acute Hospital Division: Key Priorities and Actions to Deliver on Goals in 2016. Priority Area Actions 2016: it states ‘Commence reporting of additional indicators of safe care with the measurement of adverse events monthly in relation to: Falls Prevention Under **Goal 2: Provide fair, equitable and timely access to quality, safe health services that people need within Acute Hospital Division: Key Priorities and Actions to Deliver on Goals in 2016.**

**Priority Area Actions 2016:**

*‘Commence reporting of additional indicators of Safe Care with the measurement of adverse events monthly in relation to Falls Prevention Q1-4 p25’*

### **3.0 Acute Hospitals –Operational Plans**

#### **3.1 Children’s Hospital Group (7) – Operational Plan 2015**

<http://www.hse.ie/eng/services/publications/serviceplans/serviceplan2016/OpPls16/ChildHosOpPls16.pdf> (accessed May 17 2016)

##### **3.1.1**

Under Goal 2 ‘Provide fair, equitable and timely access to quality, safe health services that people need’ under the heading of Quality the following action was proposed for 2016: *‘Commence reporting of additional indicators of Safe Care with the measurement of adverse events monthly in relation to:*

- *Postoperative wound dehiscence*
- *In-hospital fractures*
- *Foreign body left during procedure*
- *Pressure Ulcer Incidence/Fall prevention Q1-4 p22’*

#### **3.2 Dublin Midlands Hospital Group (2) – Operational Plan 2016**

<http://www.hse.ie/eng/services/publications/serviceplans/serviceplan2016/OpPls16/DMDHGopplan16.pdf> (accessed May 17 2016)

The Dublin Midlands Hospital Group Operational Plan pledges the following action:

*‘Support and enhance current programmes of work relating to the roll out of Nursing and Midwifery Metrics to include Patient Observations (NEWS/IMEWS/PEWS), patient assessment (Pressure ulcers/Falls programme), Patient experience & medication management. p11’*

Under Goal 2 ‘Provide fair, equitable and timely access to quality, safe health services that people need’ under the heading of Quality the following action was proposed for 2016: *‘Commence reporting of additional indicators of Safe Care with the measurement of adverse events monthly in relation to:*

- *Postoperative wound dehiscence*
- *In-hospital fractures*
- *Foreign body left during procedure*
- *Pressure Ulcer Incidence/Fall prevention Q1-4 p30’*

*Support the implementation of Nursing & Midwifery Quality Care Metrics to include:*

- *Patient Assessment (Falls/Pressure/Ulcers)*
- *Patient Observations (NEWS/IMEWS/PEWS)*
- *Medication Management*
- *Nursing Documentation*
- *Midwifery Documentation*
- *Patient Experience*

### **3.3 Ireland East Hospital Group (3) – Operational Plan 2016**

<http://www.hse.ie/eng/services/publications/serviceplans/serviceplan2016/OpPIs16/IEHGOPIs16.pdf> (accessed May 17th 2016)

#### **3.1.1**

Under the heading ‘Improving Quality and Reforming Service Delivery’ the service plan outlines the following:

*‘Quality Driven Clinical Performance:*

*Falls: Decrease in the severity of injuries related to falls. IEHG will establish uniformity in the mechanism for assessing and reporting falls and falls associated injuries. P12’*

#### **3.1.2**

Under Goal 2 ‘Provide fair, equitable and timely access to quality, safe health services that people need’ under the heading of Quality the following action was proposed for 2016: *‘Commence reporting of additional indicators of Safe Care with the measurement of adverse events monthly in relation to:*

- *Postoperative wound dehiscence*
- *In-hospital fractures*
- *Foreign body left during procedure*
- *Pressure Ulcer Incidence/Fall prevention Q1-4 p29’*

### **3.4 South/South West Hospital Group (4) – Operational Plan 2016**

<http://www.hse.ie/eng/services/publications/serviceplans/serviceplan2016/OpPls16/SSWHGopsPls16.pdf> (Accessed 17th May 2016)

#### **3.4.1**

Under Improving Quality and Reforming Service Delivery the Operational Plan outlines the following as one of its strategic priorities for 2016:

*‘Effective Care: Provide leadership and support to enable the services develop capacity and capability to deliver on key national patient safety programmes in primary care, social care and acute settings to address internationally recognised causes of harm to people (including HCAI, medication safety, pressure ulcers, falls prevention and nutrition and hydration)’ p11.*

### **3.5 Saolta University Health Care Group (5) – Operational Plan 2016**

<http://www.hse.ie/eng/services/publications/serviceplans/serviceplan2016/OpPls16/SaoltaOpsPls16.pdf> (Accessed 17th May 2016)

#### **3.5.1**

Under Goal 2 ‘Provide fair, equitable and timely access to quality, safe health services that people need’ under the heading of Quality the following action was proposed for 2016: ‘Commence reporting of additional indicators of Safe Care with the measurement of adverse events monthly in relation to:

- *Postoperative wound dehiscence*
- *In-hospital fractures*
- *Foreign body left during procedure*
- *Pressure Ulcer Incidence/Fall prevention Q1-4 p25’*

### **3.6 RSCI Hospital Group ( 1) – Operational Plan 2016**

<http://www.hse.ie/eng/services/publications/serviceplans/serviceplan2016/OpPls16/RCSlopsPls16.pdf> (Accessed 17th May 2016)

Under Goal 2 ‘Provide fair, equitable and timely access to quality, safe health services that people need’ under the heading of Quality the following action was proposed for 2016: ‘Commence reporting of additional indicators of Safe Care with the measurement of adverse events monthly in relation to:

- *Postoperative wound dehiscence*
- *In-hospital fractures*
- *Foreign body left during procedure*
- *Pressure Ulcer Incidence/Fall prevention Q1-4 p11'*

### **3.7 University of Limerick Hospital Group (6) – Operational Plan 2016**

<http://www.hse.ie/eng/services/publications/serviceplans/serviceplan2016/OpPls16/ULopsPls16.pdf> (Accessed May 17th)

#### **3.7.1**

Under Improving Quality and Reforming Service Delivery the Operational Plan outlines the following as one of its strategic priorities for 2016:

*'Effective Care: Provide leadership and support to enable the services develop capacity and capability to deliver on key national patient safety programmes in primary care, social care and acute settings to address internationally recognised causes of harm to people (including HCAI, medication safety, pressure ulcers, falls prevention and nutrition and hydration)' p11.*

#### **3.7.2**

Under Goal 2 'Provide fair, equitable and timely access to quality, safe health services that people need' under the heading of Quality the following action was proposed for 2016: *'Commence reporting of additional indicators of Safe Care with the measurement of adverse events monthly in relation to:*

- *Postoperative wound dehiscence*
- *In-hospital fractures*
- *Foreign body left during procedure*
- *Pressure Ulcer Incidence/Fall prevention Q1-4 p27'*

## **4.0 Community Health Organisations (CHOs)**

### **4.1 CHO Area 1 – Cavan, Donegal, Leitrim, Sligo and Monaghan**

<http://www.hse.ie/eng/services/publications/serviceplans/serviceplan2016/OpPls16/CH01OpPls.pdf> (Accessed May 17 2016)

#### **4.1.1**

Under the heading ‘*Services for Older People*’ the service plan mentions a range of policy documents published in recent years that were taken into consideration when planning service delivery and development to include ‘*The National Strategy to Prevent Falls and Fracture in Ireland’s Ageing Population*’ (2008)

#### **4.1.2**

Under the heading ‘Services for Older people’, Goal 1 is:

*‘to Promote health and wellbeing as part of everything we do so that people will be healthier’*

The high level actions for this goal is as follows:

*‘Falls Prevention and Bone Health – Submit business case in support of the appointment of falls Co-ordinators.*

*Continue to roll out Forever Autumn Falls Programme for Falls Prevention in residential Units*

*Extend the Forever Autumn Falls Programme for Falls Prevention to Day Hospitals*

*Extend the Genio Falls Project to Glenview Ward OLMH, St John’s p53’*

### **4.2 CHO Area 2 – Galway & Roscommon**

<http://www.hse.ie/eng/services/publications/serviceplans/serviceplan2016/OpPls16/CH02Opspls.pdf> (Accessed May 17 2016 )

#### **4.2.1**

Under the heading ‘Key Quality Priorities in 2016 – Leadership and Governance for Quality and Safety’

*Effective care- Provide leadership and support to enable the services develop capacity and capability to deliver on key national patient safety programmes in primary care, social care, mental health and acute settings to address internationally recognised causes of harm to*



*people (including HCAI, medication safety, pressure ulcers, falls prevention and nutrition and hydration). P7*

#### **4.2.2**

In the section titled 'Key Priorities and Actions to Deliver on Goals in 2016' under Goal 1 – 'to promote health and wellbeing as part of everything we do so that people will be healthier' the service plan says the following:

*'Older People's services - Identify adapter sites with regard to integrated care pathway for falls prevention and bone health. P39'*

### **4.3 CHO 3 – Clare, Limerick, North Tipperary/East Limerick**

<http://www.hse.ie/eng/services/publications/serviceplans/serviceplan2016/OpPls16/CH03OpPls16.pdf> (Accessed 17th May 2016)

#### **4.3.1**

Under the heading 'Effective Care', falls prevention is mentioned as a Key Quality Priority in 2016.

*'Effective care: Develop capacity to deliver on key national patient safety programmes in primary care, social care, mental health to address internationally recognised causes of harm to people (including HCAI, medication safety, pressure ulcers, falls prevention and nutrition and hydration).p6'*

#### **4.3.2**

Under the section 'Older Persons', Falls prevention and Bone health is listed as a priority to achieving Corporate Goal 1 'Promote health and wellbeing as part of everything we do so that people will be healthier'. It states 'The Mid-West will progress the further development of integrated care pathways for falls with the assistance of the national project team.'p43

### **4.4 CHO 4 – Kerry & Cork**

<http://www.hse.ie/eng/services/publications/serviceplans/serviceplan2016/OpPls16/CH04OpsPls16.pdf> (Accessed 17th May 2016)

#### **4.4.1**

Falls prevention is mentioned in the Executive Summary on page 5 under the heading Improving Quality:

'Improving Quality: Deliver patient safety programmes including healthcare acquired infection (HCAI), pressure ulcers, falls prevention, nutrition and hydration. P5'

#### **4.4.2**

Falls prevention is mentioned under the heading 'Key Quality Priorities for Cork & Kerry CHO for 2016' on p14:

*'Safe Care – Work with the National Quality Improvement programmes to address internationally recognised causes of harm to people (including HCAI, medication safety, pressure ulcers, falls prevention and nutrition and hydration).p14'*

#### **4.4.3**

In the section titled 'Key Priorities and Actions to Deliver on Goals in 2016' under Goal 1 – 'to promote health and wellbeing as part of everything we do so that people will be healthier' the service plan says the following:

*'Develop and implement a plan to expand the exercise programmes available in Leisureworlds Functional Zone, currently delivered by PCC Physiotherapy Department in partnership with the exercise professionals in Leisureworld, Bishopstown to include Fall Prevention Programmes by Q4 2016' p48.*

On p59 under the sub- heading Primary Care falls prevention is mentioned again:

*'Some of the existing initiatives in Primary Care in Cork & Kerry CHO are: - Multi-disciplinary initiatives that support hospital discharge, prevent avoidable admissions to acute hospitals and defer admission to long term care e.g falls prevention programme.'*

Key Priorities and Actions to Deliver on Goals in 2016 mentions Falls prevention further on p63 under Goal 1 *'Promote health and wellbeing as part of everything we do so that people will be healthier*

*Falls Prevention – In the context of the Falls Strategy as part of the roll out of an integrated falls pathway in Cork City and environs we will establish, an initial 6 FRAX (Falls risk assessment) clinics covering 4 city venues and 2 others in the environs of Cork City (Q2)*

- *In Q4 an analysis of the intervention requirements arising from the first 6 clinics will be undertaken to inform service planning for 2017.*
- *We will scope and finalise plans to extend an integrated falls pathway for Kerry in Q3 and North Cork in Q4.*
- *The community work stream of this project will work with Health Promotion and Community Work department and other stakeholders to plan and test options for access to community based exercise opportunities to keep older persons free of falls in Cork city and environs as the initial geographic scope. P63'*

#### **4.4.4**

On p91, The actions for Falls Prevention and Bone Health are elaborated on under the heading 'Social Care, Older Persons' under the service plan's goal 1 'to promote health and wellbeing as part of everything we do so that people will be healthier':

*Goal 1: Social Care, Older Persons –Fall Prevention and Bone Health – Develop an integrated care pathway for falls prevention and bone health and introduce in designated sites.*

##### *Actions for Falls Prevention and Bone Health*

- *Develop and roll out a standardised approach to falls prevention in 7 public residential units in Cork. The aim of the program is to set an evidence based and practicable standard in falls prevention/management and promote best practice. It will involve site visits, monthly audits, introduction of a falls pathway and falls policy.*
- *In the context of the Falls Strategy as part of the roll out of an integrated falls pathway in Cork City and environs we will establish, an initial 6 FRAX (Falls risk assessment) clinics covering 4 city venues and 2 others in the environs of Cork City*
- *The implementation of the falls strategy will be progressed by establishing an additional specialist Falls clinic in the Assessment and Treatment Centre, St Finbarr's Hospital.*
- *A rehabilitation assistant will be recruited to support the implementation of the falls strategy in Cork in Q1*
- *The community work stream of this project will work with Health Promotion and the Community Work department and other stakeholders to plan and test options for access to community based exercise opportunities to keep older persons free of falls in Cork city and the environs as the initial geographic scope.*
- *An analysis of the intervention requirements arising from the first 6 clinics will be undertaken to inform service planning for 2017.*
- *We will scope and finalise plans to extend an integrated falls pathway for Kerry in Q3 and North Cork in Q4 p63 & repeated p91*

##### **Goal 2 Social Care, Older Persons – Unscheduled care**

*Cork & Kerry CHO will continue to work in partnership with the South/South West Hospitals Group (SSHWG) in response to the ED Taskforce requirements in regard to Unscheduled Care Planning in 2016. This collaboration has made a significant impact on reducing delayed discharges as follows:*

- *Participation on the Ingress, Throughput and Cork & Kerry Egress Groups.*
- *The Egress Groups provide a forum to engage with the acute hospitals to facilitate the delivery of the full range of community services used to meet the requirements of hospital discharges including Home Supports, PHN Services, allied health professional services, Community Intervention Team (CIT), community rehabilitation & support team (CR&ST), Integrated Falls pathway, Community Stores (Procurement), Nursing*

*Home Support Unit, Community Hospitals and St Finbarr's rehabilitation unit for older persons. P97*

*Goal 3 – Foster a culture that is honest, compassionate, transparent and accountable.*

*Social Care Services – Measurement and Analysis of Information for Quality Improvement: Build capacity and capability in the system in the use of measurement and data for quality improvement.*

*Existing & continuing quality initiatives for 2016:*

*Falls Programme p102*

#### **4.5 CHO 5 – Waterford, Wexford, South Tipperary, Kilkenny and Carlow.**

<http://www.hse.ie/eng/services/publications/serviceplans/serviceplan2016/OpPls16/CH05opPls16.pdf> (Accessed May 17 2016)

##### **4.5.1**

Under the heading 'Key Priorities and Actions to Deliver on Goals in 2016' falls prevention and bone health are mentioned:

**Goal 2** – *Provide fair equitable and timely access to quality, safe health services that people need.*

**Priority** – *Provide improved and additional services at primary care (PCT and Network) level*

**Measure of Performance** - *CHO 5 Physiotherapy services will continue to support falls prevention and bone health pilot with further integration with day hospital and acute services.*

*Wexford Multidisciplinary Team including Occupational Therapy will continue to roll out the 'living-well elderly group' currently operating in New Ross Healthy Living Centre to other Day Care Centres in Co. Wexford in conjunction with other MDT members, appropriate professionals and voluntary bodies Q 1-4 p43*

**Priority** – *Improve Cross Division Service Integration*

**Actions** - *Collaborate with Social Care Health Division*

**Measure of Performance** – *Engage with Local Implementation Groups on the Progressing Disability Services for Children and Young People (0-18) Programme in order to ensure integrated pathways for Primary Care and Network Disability Teams Q1-4 p47*

**Goal 1** – *Promote health and wellbeing as part of everything we do so that people will be healthier*

**Priority** - *Develop an ICP for falls prevention and bone health*

**Actions** – Roll out of Falls Prevention in community settings and residential services for Older Persons. Continue with the Safety Pause system (Carlow/Kilkenny) introduced in Q4 2015, Carlow Kilkenny will repeat quality improvement initiative for reduction of falls at the end to measure a reduction of falls by 25% in the Sacred Heart Hospital Carlow. CHO5 will continue to ensure on going staff attendance on falls prevention training through NMPDU.

**Measure of Performance** – Greater knowledge awareness reduction in reported incidents of falls Q1-4 P64

## **4.6 CHO 6 – Dublin South East/Wicklow**

<http://www.hse.ie/eng/services/publications/serviceplans/serviceplan2016/OpPls16/CH06opsPls16.pdf> (accessed May 17 2016)

### **4.6.1**

Under the heading 'Quality and Patient Safety – Strategic Priorities for 2016'

*'Effective Care: Work in collaboration with the National Quality Improvement Division (QID) to develop capacity to deliver on key national patient safety programmes in Primary Care, Social Care and Mental Health, for example, to address internationally recognised causes of harm to people including HCAI, medication safety, pressure ulcers, falls prevention and nutrition and hydration. p8'*

### **4.6.2**

Under Goal 2 'Provide fair, equitable and timely access to quality, safe health services that people need' falls prevention is mentioned in the following sections:

*'Provide Improved and Additional Services at Primary Care (PCT and Network) Level  
Operational Plan Actions: CHO 6 Occupational Therapy staff will continue to engage in health and wellbeing initiatives such as Falls prevention (all CHO, on-going) Q1-4 p32'*

*'Residential Care Settings – CHO 6 will continue to support service improvement pilots such as Pressure Ulcers to Zero and Falls Prevention Workshops and ensure that learning from these translate to practical service improvements in our residential and home care settings.'*  
P48

## **4.7 CHO 7 – Dublin South City, Dublin South West, Dublin West, Kildare/West Wicklow)**

<http://www.hse.ie/eng/services/publications/serviceplans/serviceplan2016/OpPls16/CH07opPls16.pdf> Accessed May 17th 2016

### **4.7.1**

Under the section 'Key Priorities & Actions to Deliver on Goals in 2016' falls prevention is mentioned under Goal 2 'Provide Fair equitable and timely access to quality, safe health services that people need' .

**'Priority:** *Actions for Falls Prevention and Bone Health.*

**Actions 2016:** *Development of integrated care pathways for falls with division.*

**Measure of Performance:** *Support the division in identifying additional adapter sites in CHO Q1-4 P75'.*

## **4.8 CHO 8 – Laois, Offaly, Longford, Westmeath, Louth & Meath**

<http://www.hse.ie/eng/services/publications/serviceplans/serviceplan2016/OpPls16/CH08opPls16.pdf> (Accessed May 17 2016)

### **4.8.1**

Under Goal 1 – Promote health and wellbeing as part of everything we do so that people will be healthier:

*'Older Person Services – CHO 8 will identify an adapter site for Falls and Bone Health Prevention Q1-4 Head of Service for Social Care and Older Person Services Managers p55'.*

## **4.9. CHO 9 – Dublin North City and County**

<http://www.hse.ie/eng/services/publications/serviceplans/serviceplan2016/OpPls16/CH09opPls16.pdf> (Accessed May 17 2016)

### **4.9.1**

Under the heading 'Key Priorities and Actions to Deliver on Goals in 2016' the following was said about falls prevention:

**'Goal 1 – Promote health and wellbeing as part of everything we do so that people will be healthier**

**Priority – Develop an ICP for falls prevention and bone health.**

**Action - Roll out of Falls Project through Primary Care Networks**

**Measure of Performance – Reduction in reported incidents of fall Q1 and on-going. ' p47**